



Hotlines & Resources for Mental Health & Wellness



ELAC Student Health Center: Medical and mental health services provided to ELAC students by Via Care. Call us at 323-265-8651. IG: @elacstudenthealth. Open M – F between 8:00 a.m. – 5:00 p.m.

ELAC Domestic Violence & Sexual Assault Support: 3(L)-50 (r)(5:)Tj 0.05(5m8 (m)-1d ()Tj -0 (t)TJ 8n4TT2 1 Tf 0 Tc 0 T
ence, stalking, or sexual assault. Services offered by the East LA Women’s Center

323-265-8800. 24/7
3-357-6222.

Support program free for most ELAC students. <https://www.stand.ucla.edu/elac>

ELAC Dream Resource Center:

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9PM F: 8AM-6PM Sat 9AM- 5PM. Shower, laundry, meals, bus passes, job prep, linkage to housing & mental health.

Los Angeles Youth Network: 323-240-2253. Ages 12-24

My Friend's Place Hollywood: 323-908-0011. M-F 9am-4:00pm. Ages 12-25 & their children.

Los Angeles Homeless Services Authority: 213-225-6581. M-F 8:00am-5:00pm

VOA El Monte Access Center: 626-442-4357. Intake M/F: 7:00AM-6:00PM 18+

Salvation Army Bell Shelter: 323-251-5400. Intake M/F: 7:00AM-6:00PM 18+
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